

Housing, Benefits, Debt & Budgeting Support at Aruna House

At **Aruna House**, we understand the importance of **financial stability and secure housing** for you and your child's future. Our **specialised advisor** provides **one-to-one tailored support** to help you manage your finances, understand your benefits, and plan for independent living.

What This Support Includes:

Benefits & Budgeting

- ✓ **Checking Your Benefits** – Ensuring you are receiving the correct entitlements.
 - ✓ **Applying for Additional Benefits** – Support with **Child Benefit, Universal Credit**, and any other eligible support.
 - ✓ **Income & Expenditure Review** – Planning your budget for independent living, covering:
 - Baby essentials
 - Food costs
 - Utility bills
 - Managing your money effectively
-

Housing Support

✓ **If You Have a Current Tenancy:**

- Contacting your **landlord** to ensure rent is paid while you are in placement.
- Applying for **Housing Element** if applicable.
- Contacting **utility providers** to pause or reduce payments to avoid debt.
- **Council Tax** – Checking eligibility for **Council Tax Reduction** or pausing charges while in placement.

✓ **If You Do Not Have a Tenancy Yet:**

- Support to access **housing options** after placement.
 - **Completing online housing applications** with the local authority in your area.
 - Gathering **proofs and supporting documents** to secure priority housing.
 - Regular **review sessions** to track progress and ensure housing is being secured.
-




Debt Management Support

- ✓ **Assessing any existing debt** and providing support to address it.
 - ✓ **Setting up minimum payment plans** to prevent further financial difficulties.
-

Preparing for Independent Living

This support acts as a **passport to managing your own tenancy**, giving you the **practical skills** to run your home successfully for you and your baby.

We will also help you **connect with local services** in your home area, including:

-  **Baby & parent groups** to support your child's development.
-  **Well-being groups** to support your mental health and confidence.
-  **Career development & courses** to help you plan for your future.

Our goal is to ensure you leave **Aruna House** feeling confident in your ability to provide a **stable and secure home** for your child.

If you have any questions or would like to access this support, please speak to a member of our team.